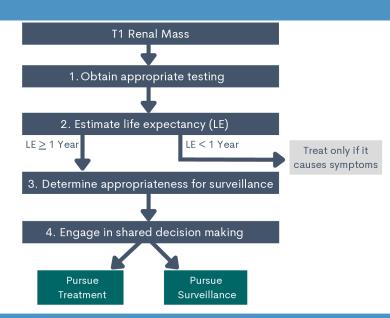


# **Roadmap for Patients with T1 Renal Masses**

## **Evaluation Phase**

The Evaluation Phase involves four important steps to determine whether to pursue immediate treatment or initial surveillance for a renal mass up to 7 cm in size (T1):

- Step 1: Make sure you've had appropriate testing
- Step 2: Figure out your estimated Life Expectancy
- Step 3: Review appropriateness for surveillance based on MUSIC criteria\*
- Step 4: Participate in shared-decision making
- \*Some patients will choose treatment even if they are a candidate for surveillance based on their preference or uncertainty about surveillance.



# Step 1: Obtain Appropriate Testing



High quality imaging (CT or MRI)



Baseline labwork: Complete Blood Count, CMP, urinalysis, (consider albumin:creatine ratio, CRP)



Chest imaging (such as X-ray) for mass if >3cm, CT thorax preferred for >5cm



Consider renal mass biopsy (for solid, accessible masses)

# **Step 2: Estimate Life Expectancy**

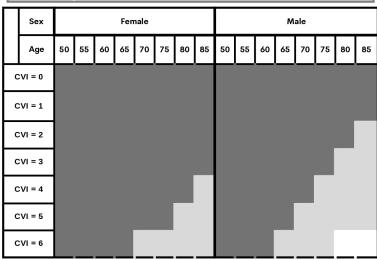
1. Based on any serious medical conditions you have, you can calculate the cardiovascular index (CVI) score (range: 0-6) by assigning points as follows:

- 2. We have developed tables for masses from 1 to 7 cm, with color schemes to indicate an estimated life expectancy that is >10 years, between 6 and 10 years, or between 1 and 5 years. This is the table for patients with a 3 cm renal mass:
  - = Life Expectancy > 10 years
    = Life Expectancy 6 10 years
    - = Life Expectancy 1 5 years

For information on your specific situation, scan this QR code:

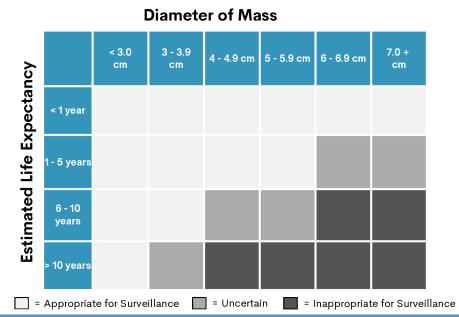


Points	Condition
2	Congestive heart failure (CHF)
1	Chronic kidney disease (CKD)
1	Chronic lung disease, such as COPD
1	Stroke or TIAs
1	Other major diseases, such as liver failure or Peripheral vascular disease (PVD)



# **Step 3: Determine Appropriateness for Surveillance**

Using initial imaging of your tumor and your life expectancy results, the appropriateness of surveillance has been established by the MUSIC Consensus Panel.



#### Other Exclusion Criteria

- Radiologic suspicion of T3 disease or infiltrative features
- Renal mass biopsy showing grade 4 renal cell carcinoma (RCC)
- Renal mass biopsy showing these uncommon subtypes:
  - Collecting duct carcinoma
  - Renal medullary carcinoma
  - Rhabdoid variant of RCC
  - Sarcoma
  - Sarcomatoid RCC

# **Images of Renal Tumors**

These images show examples of renal tumors of varying size and complexity. Larger and more complex tumors may require radical nephrectomy. Tumors can grow to > 7 cm as well. Larger size makes the chance of cancer and cancer spread (metastasis) higher.

	Low Complexity	High Complexity	Malignant/Metastatic Potential		
Small	1.9 cm RENL = 4	1.6 cm RENL = 10	Renal Mass Size (cm)         Likelihood of Cancer (cm)         Likelihood of Metastasis           0.1 - 1.0         50-68%         0%           1.1 - 2.0         75-81%         0%           2.1 - 3.0         79-89%         3%		
Medium	3.1 cm RENL = 5	4.2 cm RENL = 10	Renal Mass Size (cm)         Likelihood of Cancer (cm)         Likelihood of Metastasis           3.1 - 4.0         81-89%         3%           4.1 - 5.0         88%         13%		
Large	5.0 cm RENL = 6	6.9 cm RENL = 10	Renal   Likelihood   Of   Of   Of   Metastasis		

# Step 4: Participate in Shared-Decision Making about the Treatment Approach

Approach	Advantages	Disadvantages	Main Indications
Surveillance	<ul> <li>Least invasive and most kidney-sparing of all strategies</li> <li>Most small masses have limited chance of spreading and can be safely managed with follow-up imaging</li> </ul>	<ul> <li>Tumor remains in place and untreated</li> <li>Whether the tumor is malignant or benign remains unknown (without biopsy)</li> </ul>	<ul> <li>Smaller tumors</li> <li>Limited life expectancy</li> <li>Poor surgical candidates</li> </ul>
Ablation	<ul> <li>Kidney-sparing approach with less impact on renal function than RN</li> <li>Performed outside of OR (percutaneous)</li> <li>For small (&lt; 3 cm) tumors, provides comparable control of metastasis to PN and RN</li> </ul>	<ul> <li>Cancer is incompletely treated in up to 10% (90% success)</li> <li>Pathologic diagnosis may not be accurate as tumor is not removed</li> <li>Challenges and increased use of radiographic follow-up</li> </ul>	<ul> <li>Prior surgery for renal tumor in that kidney</li> <li>Poorer surgical candidates and those unwilling to undergo surveillance</li> </ul>
Partial Nephrectomy (PN): Robotic (RPN)	<ul> <li>Excellent local cancer control (&gt;97%)</li> <li>Kidney-sparing surgery that preserves renal function well when clamping of the blood supply is of limited duration (&lt;20 to 25 min)</li> <li>Minimally invasive surgery, with decreased pain, morbidity, and convalescence compared to OPN</li> </ul>	<ul> <li>Higher complication rate for high complexity tumors and in less-experienced hands</li> <li>Positive surgical margins and local recurrence rates may be higher in such situations</li> </ul>	<ul> <li>Most common surgery for masses &lt; 5 cm</li> <li>Best for low to moderate (and selected high) complexity tumors</li> </ul>
Partial Nephrectomy (PN): Open (OPN)	<ul> <li>Excellent local cancer control (&gt;97%)</li> <li>Maximizes renal functional preservation when performed with precise tumor excision and the kidney is iced</li> </ul>	<ul> <li>Morbidity of flank incision (increased hospital stay, longer recovery, chance of permanent bulge on the side)</li> <li>Higher complication rate than RN</li> </ul>	Select patients with moderate to high- complexity tumors
Radical Nephrectomy (RN)	<ul> <li>Excellent local cancer control (&gt;97%)</li> <li>Reproducible and effective surgery for localized tumors</li> <li>Minimally invasive surgery, using robotic or other laparoscopic techniques, has decreased pain, morbidity and convalescence compared to open surgery</li> </ul>	<ul> <li>Many tumors up to 7 cm can be treated with PN</li> <li>Renal function generally decreases by 35% - 50% when the entire kidney is removed</li> </ul>	<ul> <li>Medium to large tumors (up to 10-12 cm)</li> <li>High tumor complexity</li> <li>Renal function good enough for GFR to remain &gt;45 after RN</li> </ul>

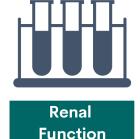
## Surveillance Phase

After the Evaluation Phase, many patients will decide to pursue Surveillance. This involves regular follow-up evaluations and testing to monitor for changes in the renal mass and risk to their health. The evaluation at each follow-up may include repeat abdominal and chest imaging, renal function assessment and biopsy.

# Surveillance Phase Components







**Assessment** 

How frequently each patient will be assessed will be determined by your urologist. We have provided upper and lower bounds around surveillance, indicating a "high-intensity" plan and a "low-intensity" plan below.

## **How Surveillance is Performed**

### **High Intensity Surveillance Plan**

## Low Intensity Surveillance Plan

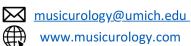
Tumor Size	1st Surveillance Imaging	2nd Surveillance Imaging	3rd Surveillance Imaging	Tumor Size	1st Surveillance Imaging	2nd Surveillanc e Imaging	3rd Surveillance Imaging
0 - 4 cm	3 months after diagnosis	9 months after diagnosis (6 months after previous imaging)	21 months after diagnosis (12 months after previous)	0 - 4 cm	<b>6 months</b> after diagnosis	18 months after diagnosis (12 months after previous imaging)	30 months after diagnosis (12 months after previous imaging)
4 - 6 cm			15 months after diagnosis (6 months after previous)	4 - 6 cm			
> 6 cm		6 months after diagnosis (3 months after previous)	12 months after diagnosis (6 months after previous)	> 6 cm		12 months after diagnosis (6 months after previous imaging)	24 months after diagnosis (12 months after previous imaging)

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## **MUSIC Coordinating Center**





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