

# The Best Kidney Stone Procedure for Me

## Ureteroscopy (URS)

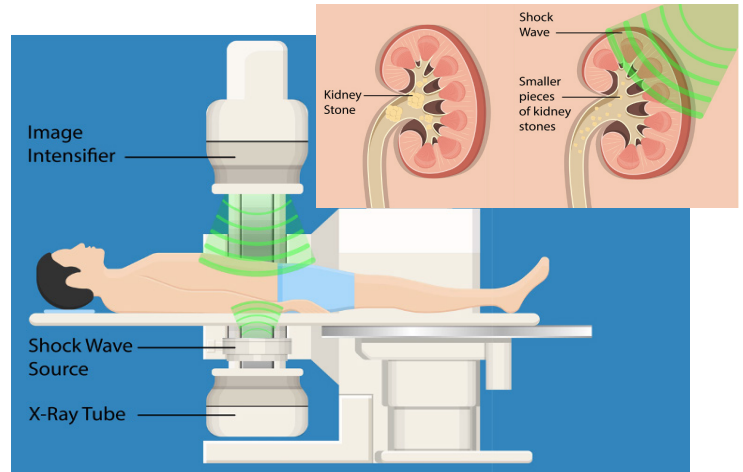
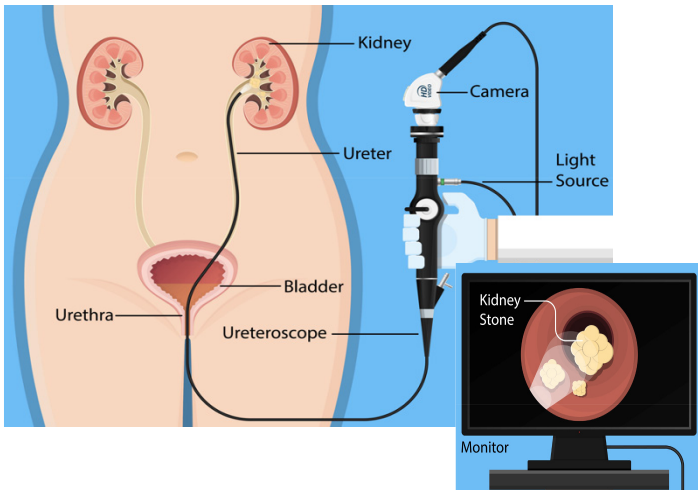
A **small telescope/camera** is inserted into the bladder and urinary tract to look at the stone. Your urologist then breaks and/or removes your stone with a laser.

Some pieces may pass in the urine over time as well.

## Shockwave Lithotripsy (SWL)

A machine makes **sound waves** that break up stones into smaller pieces from outside the body. Pieces of stone are then passed in the urine over time.

SWL can treat most kidney stones, but sometimes it is not recommended.



Treatment Differences		
	URS	SWL
<b>Best Used for:</b>	Stones in the ureter, multiple stones, larger stones and harder stones	Stones in the kidney and upper ureter, only 1 stone and softer stones
<b>Effectiveness</b>	<b>More effective:</b> Higher chance of being stone free (no stones left)	<b>Less effective:</b> Lower chance of being stone free (no stones left)
<b>Number of Procedures</b>	Only <b>one procedure</b> usually required	Can require <b>other procedures</b>
<b>Risk of Complications</b>	Both URS and SWL have low overall risk of complications	
	<b>Low risk</b>	<b>Lowest risk</b>
<b>Pain</b>	Patients describe both URS and SWL as somewhat painful	
	<b>Higher</b> chance of needing a stent making it more painful	Associated with the <b>least</b> amount of pain according to patients
<b>Recovery Time at Home</b>	Both URS and SWL require time to recover, this varies by patient	
	Generally, recovery is <b>longer</b> (3 to 5 days)	Generally, recovery is <b>shorter</b> (1 to 3 days)

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## Your Treatment Goals

Please indicate (check ✓) how important the following treatment goals are to you

	Not Important	No Preference	Important
<b>Effectiveness</b> - The chance that all of your stone will be removed			
<b>Number of Procedures</b> - The chance that your treatment will be successful with only one procedure			
<b>Risk of Complications</b> - The chance that you will experience a complication			
<b>Pain</b> - The amount of pain associated with the procedure and your recovery			
<b>Recovery Time</b> - The amount of time you need to recover after the procedure			

## Treatment Goals Most Important to You

Please circle **THE MOST IMPORTANT** treatment goal to you

Effectiveness	Number of Procedures	Risk of Complications	Pain	Recovery Time
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Please circle up to 2 other important treatment goals to you

Effectiveness	Number of Procedures	Risk of Complications	Pain	Recovery Time
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