

Management of Men on Active Surveillance

Active surveillance is a prostate cancer treatment option in select men. The goal of active surveillance is to delay or avoid surgery or radiation until there is evidence of more aggressive disease. While on surveillance, men will be followed closely with prostate exams, PSA tests, imaging, and repeat prostate biopsy.

Surveillance Components



**Office
Visits**



**PSA
Testing**



**Tumor Burden
Reassessment**

This document outlines the surveillance plan with respect to the frequency of follow-up testing.

Surveillance Plan*

Diagnosis	Confirmatory Test	Surveillance Phase	
PSA		Obtain at least every 12 months	Continue until deterioration in health or age or change in patient preferences or deemed appropriate for transition to treatment
DRE		Obtain at least every 12 months	
Tumor Burden Reassessment (Biopsy or MRI)	Obtain test(s) within 6 months of Diagnosis	Obtain at least once every 3 years	

*The proposed surveillance schedule represents the minimum required on surveillance. Additional testing is tailored to each patient's clinical characteristics.

Transitioning to Treatment

Transitioning to definitive treatment: A change in patient preferences or clinical results obtained during surveillance suggesting cancer progression may prompt a transition to more aggressive treatment, such as surgery or radiation.

Scan the QR Code below to view MUSIC's Comprehensive Active Surveillance Roadmap





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For additional information regarding this informational document
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