

Opioid-Free Prostatectomy Pathway

Medication	Dose	Route of Administration	Duration of Therapy
Recommendation: Intraoperative			
NSAIDs e.g. Ketorolac	30mg	IV	q8h
Regional Anesthetic Block e.g. QL/TAP Block	0.5%	INJ	20cc x Once
Recommendation: Postoperative Bundle			
Abdominal Binder	Immediately after procedure		
NSAIDs* e.g. Ibuprofen	600mg	oral	q8h x 3 days
Acetaminophen*	1000mg	oral	q8h x 3 days
Anticholinergic e.g. Oxybutynin XL	10mg	oral	Daily
Optional: Postoperative			
Lidocaine Patch	5%	transdermal	while in hospital Q12
Pyridium	200mg	oral	PRN x 3 days
Lidocaine Jelly	2%	topical	q4 PRN

*Alternate ibuprofen and acetaminophen; do not exceed 3000 mg of acetaminophen in a 24 hour period

*NSAIDs should be prescribed either intra- or postoperatively

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Medication Recommendations	Contraindications
Recommendation: Intraoperative and Postoperative	
<p style="text-align: center;">NSAIDs</p> <p>e.g. Ibuprofen</p>	<p>Allergy</p> <p>Acute renal failure</p> <p>Creatinine ≥ 1.9</p> <p>325 mg Aspirin: concurrent chronic NSAIDs use</p> <p>Gastric bypass</p> <p>Irritable bowel disease (IBS)</p> <p>Peptic ulcer disease</p> <p>Coronary artery bypass grafting (CABG) - within 30 days</p> <p>Anti-coagulant therapy**</p>
<p style="text-align: center;">Anticholinergic</p> <p>e.g. Oxybutynin XL</p>	<p>Closed-angle glaucoma</p> <p>Gastroparesis</p> <p>Myasthenia gravis</p> <p>Concurrent use of potassium salts</p> <ul style="list-style-type: none"> • (potassium chloride/potassium citrate) <p>Urinary retention</p>

**at physician's discretion for patients on anti-coagulant therapy