INTRODUCTION AND OBJECTIVES: Laparoscopic access for RARP is often initiated in the peri-umbilical location. Palmer’s Point, located in the left upper quadrant, has been reported as an alternative access site for pelvic laparoscopy to reduce morbidity, but not widely reported among urologists. Furthermore, there are no published articles specifically addressing vascular injuries during RARP access within the literature. To better understand surgeons’ preferences for access and its associated morbidity during RARP, we surveyed surgeons from two urological organizations.

METHODS: An anonymous online questionnaire (Survey Monkey) consisting of 17 questions that assessed training, experience, and preferences for RARP was emailed in December 2014 and collected until February 2015 to members performing RARP of the Endourology Society (ES) and the Michigan Urological Society Improvement Collaborative (MUSIC). Surgeons were also asked to share their personal experience with a vascular event or bowel injury during RARP.

RESULTS: Questionnaires were answered by 111 surgeons in total (ES, n=71 and MUSIC, n=40) with an estimated total response rate of 5.5%. In total, 77% reported prior experience with the Veress needle method before exposure to RARP and 71% of respondents primarily use the Veress needle for RARP, with 73% reporting access primarily at the peri-umbilical location. A personal experience with a vascular or a bowel injury during Veress needle insertion was reported in 18% and 9% of surgeons, respectively; furthermore 26% of respondents were personally aware of at least 1 death or life-threatening event among colleagues (5% reported 3 or more). The majority (56%) of respondents were unaware of Palmer’s Point, while among the minority aware of Palmer’s Point, only 33% reported ever using this location.

CONCLUSIONS: In this survey, surgeons most commonly access the abdomen at the peri-umbilical location with a Veress needle for RARP with the majority not aware or utilizing Palmer’s Point. Nearly 1 in 5 surgeons reported a personal experience with a vascular injury and over 1 in 4 reported a death or life-threatening injury among colleagues during access for RARP. Palmer’s Point, located away from major vasculature, may reduce the morbidity of access for RARP and warrants further awareness and study.

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